

## THE ANTHONY SCHOOL HEALTH POLICIES 2017-18

### ALLERGIES/ASTHMA

Prior to the start of school, all parents must notify the school if a student has a history of asthma, or a potentially severe allergy. Indicate this on the Health Form and state what the allergen is: latex, bee sting, food, etc. A student with any history of a severe allergic reaction (including but not limited to anaphylaxis, breathing difficulty, or tightness of the throat) **must have two Epi Pens available at all times**: one in the School Nurse Office, and one in the student's classroom or backpack. Students may self-carry their inhaler or 2<sup>nd</sup> Epi Pen with a signed Epi Pen/Inhaler Authorization for Self-Carry/Administration.

**All snacks brought on to campus with the purpose of sharing with other students must be approved by administration, a teacher, or the school nurse prior to being delivered.** There is a designated peanut/tree nut-free table for all students with food allergies in the Lower School lunch area for Pre K3, Pre K4, and Kindergarten.

### HEAD LICE

If a student has head lice or nits at school, parents will be notified to pick up the student. The student may return **24 hours after treatment** and will be checked at that time. The student will be rechecked at school after one week. If live lice or nits are still present, the student will be sent home for another treatment.

### HEALTH FORMS/HEALTH RECORD

All health forms can be located on TAS school website, or requested at the main office. These forms must be completed and turned in **before the first day of school**. Forms may be faxed to (501) 225-2149, emailed to the school nurse at [marym@anthonyschool.org](mailto:marym@anthonyschool.org), or turned in at the main office.

- **Required forms for EVERY student's health record**
  - Health Form: This form lists the student's emergency contact list, approval for administration of over the counter (OTC) medications, and specific allergies.
  - Immunization record: Copy of full immunization record required by state law.
  - Record of a professional vision and hearing examination for first-time students.
  
- **Required forms for students with specific needs** (due before the first day of school):
  - Permission for Medication Administration: This form grants permission for a student to receive prescription medication, scheduled or PRN, while attending school. It must be **renewed each semester**.
  - Epi Pen/Inhaler Authorization for Self-Carry/Administration: This form permits a responsible, trained student to carry and/or self-administer medication for asthma and/or severe allergic reaction (anaphylaxis). This includes Epi Pens and inhalers only.
  - Allergy Action Plan and Asthma Action Plan: These plans are pre-approved and pre-written by your physician. Please turn in a copy.

### ILLNESS

Here are some guidelines to help The Anthony School (TAS) control the spread of illness when a student may be sick. When in doubt on when to bring your child to school, please follow the 24 Hour Rule.

- Please **keep your student at home (or you will be requested to pick student up)** if they experience the following:
  - Fever (100 degrees Fahrenheit or greater)
  - Vomiting
  - Diarrhea (defined as watery/running stools)- frequency exceeds 2 or more stools
  - Red or sore throat
  - Visible discharge from eyes
  - Diagnosis of a contagious disease such as strep throat, tonsillitis, bronchitis, impetigo, etc.
- Your student **may return to school when they have met the following criteria:**
  - 24 hours fever free (without use of a fever reducing medication)
  - 24 hours without vomiting or diarrhea
  - 24 hours have passed since the **exact time** your student was checked out from TAS (if sent home sick)
  - 24 hours of antibiotics have been taken if prescribed by your doctor
- Students will be sent to the School Nurse Office if they become ill at school. If it is determined the student is too ill to remain at school, the parents will be notified. Parents are required to pick the child up as soon as possible. A doctor's note may be requested if there is a question to whether or not the student is infectious and may attend school. (A doctor's note must be from the child's pediatrician or primary caregiver, not from a parent).
- 9-1-1 will be notified immediately if your child experiences the following: an Epi Pen has been administered, a severe allergic reaction, an open fracture, a severe head injury with loss of consciousness, a seizure lasting > 5 minutes, or a symptomatic airway or breathing problem.
  - A parent may request an ambulance service called if TAS does not recommend it; however, the parent(s) will be responsible for all associated bills.
- Conjunctivitis or 'pink eye' has white, yellow, or green eye discharge and red 'bloodshot' eyes. Students will be excluded only if they have this with: fever, eye pain, redness or swelling of the skin around the eyes, or if more than one child in the program has symptoms.

## IMMUNIZATIONS

The State of Arkansas requires that a copy of your student's completed immunization record be in our files **before the opening day of school**. This includes proof of a MMR booster vaccination after age 12 to continue in school. State required vaccinations can be found online at [healthy.arkansas.gov](http://healthy.arkansas.gov). Parents should provide the school nurse with an updated copy of the immunization record after each new inoculation.

Students seeking exemption for medical or religious reasons must receive approval from the Arkansas Department of Health. Proof of application or the approval letter must be turned in prior to the child's admission.

## INJURY

If a student incurs an injury at TAS that needs further evaluation or treatment, the parent will be notified immediately. If the parent cannot be reached, the nurse or teacher will do what is expedient and safe for the injured or seriously ill student, which may include transportation of the student to the hospital. TAS does not assume responsibility for treatment.

## MEDICATIONS

In addition to state standards, TAS adheres to the following regulations regarding medications taken by children at school, during afterschool activities, or while on field trips:

- A prescription medication must have a physician's written order OR a current prescription container with the information clearly presented on the label (**this includes refills**):
  - Current prescription date, legal name of student, name of medication, dose, **exact time** to be taken (three times daily will not be accepted), name of physician or provider, and any special storage instructions.
- A Permission for Medication Administration form must be on file for any prescription medication to be administered at school.
- At least two doses of any new medication must be given by the parent/guardian prior to the student attending school. If any reaction to the new medication occurs, it must be added to the student's Health Form under Allergies.
- Medications must be turned in at the Main Office by a parent/guardian. **Students are not allowed to bring medication to school.**
- Medications will be stored in the School Nurse Office. Controlled substances, as defined by the Federal Drug Administration, will be located in a locked area. Access to these medications will be limited to designated personnel.
- Students are not allowed to give medication to other students.
- Students may only carry an inhaler or Epi Pen if the Epi Pen/Inhaler Authorization form is on file. No other medications may be carried by a student while at TAS.
- It is the responsibility of the student to come the School Nurse Office for his or her medication. Lower School students will be reminded by their teachers and/or the school nurse.
- If emergency medications are kept at school (example: Epi Pen), then **the parent is responsible for ensuring that the medication is not expired.**
- Medications should be administered at home whenever possible. (Example: the first dose of a medication to be given three times daily should be administered before the student arrives at school).

## SCREENINGS

- **Scoliosis:** Scoliosis screening, as required by law, will be scheduled for **girls in grades 6 and 8, and boys in grade 8.** Students may also be screened by parent request. If you choose not to utilize the screening program offered at school, please provide written documentation from a physician that a screening and/or treatment for scoliosis has been done within the 6 months prior to the school screening date. By law, any refusal to participate in the screening program must be in writing. Any abnormal curvature of the spine will be reported to you so that further evaluation by your physician may be done.
- **Vision and Hearing:** All children entering school for the first time must include a record of a professional vision and hearing examination. It is recommended your student get regular age appropriate vision and hearing exams performed by the appropriate healthcare provider as suggested by the American Academy of Pediatrics.